

Offering a holistic treatment experience that allows our clients find joy and hope in recovery.



## contact.

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## program.

Rather than focus solely on the client's addictive behavior, our counseling program is designed to promote healing of the whole person – mind, body, and soul. This integrated approach allows us to effectively address the dependency while exploring and healing other aspects of life that may have been sacrificed for the addictive behavior – helping them become better equipped to return home with the strength they need to pursue a life free from alcohol and drug abuse. Recreation therapy is a vital part our philosophy which guides clients to see the fun and joy that exists in recovery. We implement strategies to help develop long term coping methods for relapse prevention. Extensive discharge planning occurs so the client has the appropriate level of care to transition to after treatment is complete.

## about us.

Valley View Recovery Center offers high-intensity co-occurring, MAT residential treatment services to adult men ranging from 30-90 days in length. We are staffed 24/7 and offer numerous amenities that provide an enjoyable experience for individuals pursuing a life of recovery. We recognize that substance use disorders are complex; therefore we offer clients a comprehensive holistic treatment experience that combines medically-informed, traditional treatment with alternative therapies.

## admissions.

Ready to get started? Contact our admissions team at 507.601.5006 or email [info@valleyviewrecovery.org](mailto:info@valleyviewrecovery.org). We'll support you every step of the way throughout your healing journey.

## the facility.

Peaceful and serene, the setting for our campus is highly conducive to the recovery process. We have an indoor gymnasium for developing healthy living habits and double occupancy rooms with large beds to maximize comfort and relaxation .

## family.

Involving the client's family and support system throughout treatment is critical to building a foundation for success after discharge. We offer a dedicated 4-hour family workshop on a monthly basis, in addition to offering opportunities for clients to connect with their children and loved ones during the treatment process.

Find joy and hope. Contact us today!  
[valleyviewrecovery.org](http://valleyviewrecovery.org)